

# DO WHAT YOU LOVE!

In chapter 14, CD tries to help Amy to control her emotions and calm down. He attempts to get Amy to listen to some music.

Doing something you enjoy can help to take your mind off your worries, stresses and anger. It can help enormously. Stepping away from your problems can even afford you the time and space to find a solution.

A large, empty rounded rectangular box with a dark red border, intended for drawing a favorite activity.A large, empty rounded rectangular box with a dark red border, intended for drawing a favorite activity.

## DRAW FOUR OF YOUR FAVOURITE ACTIVITIES.

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# FUN ACTIVITIES

Y M X W A T C H A M O V I E Y S M H  
F Y B Y Z T K H A V E A S N A C K A  
O A F T W H P L A Y W I T H P E T N  
P P M A K E M U S I C L O S B G S G  
K M D S U P U T Z R E E C H W S U O  
J O F L W M W P E Z O G Z P G I G U  
B H V S A L O X C O L O U R I N G T  
U C B W X R E A D L O E C M I H Y W  
L V M L R O T R A G B N D W H H B I  
P Y P C S I I B N P J S A X I P R T  
K T Y V W F T I C Z H R T O X C E H  
D X O G G O M I I X D H J Y I P Z F  
E S S Y O M S I N G I N G Y A H T R  
P X Q F I H Q L G G W A L K I N G I  
U U Y W J Y B U N R O P L J A Z J E  
G O S H O P P I N G M A L B A M V N  
Y K C S K T O U B M W K I J W Y A D  
F O W A T C H F U N N Y V I D E O S

Word Direction: → ↓ ↘ ↗

## Clues

- 
- colouring
- dancing
- drawing
- exercise
- football
- go shopping
- hang out with friends
- have a snack
- lego
- make music
- nap
- play with pet
- puzzle
- read
- singing
- swimming
- walk a pet
- walking
- watch a movie
- watch funny videos
- writing

# TOP 3s

Music to listen to

A set of three overlapping rectangular boxes arranged in a descending staircase pattern from top-left to bottom-right. The top box is the largest, the middle box is smaller and shifted to the right, and the bottom box is the smallest and shifted furthest to the right.

TV, movies, Youtube

A set of three overlapping rectangular boxes arranged in a descending staircase pattern from top-left to bottom-right. The top box is the largest, the middle box is smaller and shifted to the right, and the bottom box is the smallest and shifted furthest to the right.

Activities at home

A set of three overlapping rectangular boxes arranged in a descending staircase pattern from top-left to bottom-right. The top box is the largest, the middle box is smaller and shifted to the right, and the bottom box is the smallest and shifted furthest to the right.

Games to play

A set of three overlapping rectangular boxes arranged in a descending staircase pattern from top-left to bottom-right. The top box is the largest, the middle box is smaller and shifted to the right, and the bottom box is the smallest and shifted furthest to the right.